

TIME	TOPIC	SPEAKER
08:30 AM ONWARDS	REGISTRATIONS AND FELLOWSHIP	
09:00 AM - 09:05 AM	Welcome Address by Organizing Chairman	Dr. Shivam Priyadarshi
09:05 AM - 09:10 AM	Welcome Address by GIBS Chairman	Dr. Rajesh Taneja
09:10 AM - 09:20 AM	GIBS : A Decade of Learning & Journey by GIBS Secretary	Dr. Sanjay Pandey
09:20 AM - 10:45 AM	SESSION 1 - THE UNSEEN INHABITANTS: UNRAVELLING THE MICROBIOMES ROLE IN IC / BPS.	CONVENOR – DR. SYED SAJJAD NAZIR
CHAIRPERSON: DR. SOMENDRA BANSAL, DR. VIKKY AJWANI, DR. MOHAN REGMI, DR. ANITA SIMLOT, DR. RAM D'YAL SAHU, DR. DHARMENDER JANGID		
09:20 AM - 09:35 AM	Section-I:- Introduction and setting the stage a) What is Interstitial Cystitis/BPS? Etiology Presentation and clinical challenges. b) The microbiome revolution: Brief primer.	Dr. Syed Sajjad Nazir
09:35 AM - 09:50 AM	Section-II:- The urinary and genital microbiomes in health and IC/BPS a) The healthy urinary microbiome (Urobiome) b) The dysbiotic Urobiome in IC/BPS. c) Critical role of vaginal microbiome.	Dr. Eman Aluthmani
09:50 AM - 10:05 AM	How to correct gut dysbiosis by nutritional intervention By Dr. Neelanjana Beyond the Epithelium: Unraveling the Triad of Urothelial Leak, Neuro-Immune Crosstalk, and the Gut-Bladder Axis in IC/BPS by Dr. Latika	Dr. Neelanjana Singh Dr. Latika Chawla
10:05 AM - 10:20 AM	Section-IV:- Clinical implications and therapeutic horizons a) Diagnostic potential b) Targeting therapies (Current and emerging microbiome) c) Antibiotics, Prebiotics, Diet, Fecal microbiota transplant, Bacteriophage therapy.	Dr. Shivam Priyadarshi
10:20 AM - 10:35 AM	Section-V:- Summary, future directions and Q/A a) Urinary Bladder is not sterile. b) Dysbiosis is a key player. c) Multiple mechanism.	Dr. Syed Sajjad Nazir
10:35 AM - 10:45 AM	Discussion	
10:45 AM - 11:00 AM	Bladder Care Break	
11:00 AM - 12:50 PM	SESSION 2 - CLINICAL MANAGEMENT : ON AND BEYOND THE HORIZON	CONVENOR – DR. LATIKA CHAWLA
CHAIRPERSON: DR. URMILA TRIPATHI, DR. JAMAL AZMI, DR. GAURAV SHARMA, DR. ANUPAMA GUPTA, DR. RAJESHWARI JINDAL, DR. A.L. VYAS		
11:00 AM - 11:10 AM	Evidence vs Real Practice in IC/BPS	Dr. Manish Man Pradhan
11:10 AM - 11:20 AM	Gender based approach to management in IC BPS	Dr. Amit Agrawal
11:20 AM - 11:30 AM	Customizing immunomodulatory therapy in IC BPS	Dr. Apeksha Raheja
11:30 AM - 11:40 AM	Interventional pain strategies – Do's and Don'ts	Dr. Navita Purohit
11:40 AM - 11:50 AM	Can alteration of urinary microbiome relieve pain in IC?	Dr. Neeraj Agrawal
11:50 AM - 12:00 PM	Intravesical instillations: Past, Present & Future	Dr. Sanjay Pandey
12:00 PM - 12:10PM	Personalized Medicine in IC / BPS	Dr. Ng Poh Yin
12:10 PM - 12:20 PM	A Comprehensive approach to urologic CPPS, 'treating the pain or treating the patient'	Dr. Ekaterina Fillipova
12:20 PM - 12:30 PM	Discussion	
12:30 PM - 01:40 PM	SESSION 3 - ADVANCES IN MOLECULAR BIOLOGY OF IC / BPS (75 min)	CONVENOR – DR. MOHSIN QUADRI
CHAIRPERSON: DR. ANJU SONI, DR. SYED SAJJAD NAZIR, DR. ANIL ELHENCE, DR. RANJANA SHARMA, DR. SAURABH GARG, DR. MANOJ BAMANIYA		
12:30 PM - 12:40 PM	Understanding the molecular mechanisms underlying Derived Mesenchymal Stem Cells (MSCs) to improve their therapeutic effect against BPS/IC	Dr. Aashee Parganiha
12:40 PM - 12:50 PM	Molecular Mechanisms of PRP	Dr. Himmat Singh Rathore
12:50 PM - 01:00 PM	Role of Urinary Biomarker in diagnosis of BPS/IC	Dr. Siti Nur Masyithah
01:00 PM - 01:10 PM	Circulating tools : Blood Based Bio Markets in IC	Dr. Mohan Regmi
01:10 PM - 01:20PM	Neurogenic Vehicles in IC-The New Biomarkers	Dr. Hemant Mishra
01:20 PM - 01:30 PM	Genomic Biomarkers	Dr. Karishma Thariani
01:30 PM - 01:40 PM	Discussion	
01:40 PM - 02:25 PM	LUNCH Industry Sponsored Sessions: 1. Medtronic: Sacral Neuromodulation (20 min) - Speaker: Dr Sanjay Pandey 2. Dr Reddy's : Methenamine Hippurate- Advancing a New Paradigm in UTI Prevention & Antibiotic Stewardship (20 min) - Speaker: Dr. Rajesh Taneja	
02:25 PM - 05:00 PM	SESSION 4 - PHENOTYPES IN IC/BPS	CONVENOR – DR. ANKUR SHARMA
CHAIRPERSON: PROF. DR. PHONE MYINT, DR. MRINAL JOSHI, DR. KAMAL CHELANI, DR. AMILAL BHAT, DR. MOHSIN QADRI, DR. NUPUR LAURIA, DR. DEVENDER SHARMA		
02:25 PM - 02:35 PM	Why does phenotyping matters in IC/BPS?	Dr. Ankur Sharma
02:35 PM - 02:45 PM	From bladder-centric to systemic pain phenotypes.	Dr. Vikky Ajwani
02:45 PM - 02:55 PM	Objective tools to validate IC/BPS phenotypes.	Dr. George Kasyan
02:55 PM - 03:05 PM	How phenotype affects presentation, prognosis, symptom trajectory.	Dr. Poongkodi Nagappan
03:05 PM - 03:15 PM	Supporting phenotype-guided management with technology.	Dr. Suman Chapagain
03:15 PM - 03:25 PM	Implementing phenotyping in day-to-day urology practice.	Dr. Ankur Sharma
03:25 PM - 03:35 PM	Phenotyping in Female Pelvic Pain	Dr. Mohini Agarwal
03:35 PM - 03:45 PM	Overactive Bladder vs Painful Bladder	Dr. Monika Gupta
03:45 PM - 04:00 PM	Discussion & Bladder Break	
04:00 PM - 05:00 PM	Case-Based Panel Discussion: "Which phenotype is this?" – Real cases, real phenotyping decisions. Case Presenter: Dr. Vikky Ajwani Panelists - Dr. Eman Aluthmani, Dr. Ng Poh Yin, Dr. Sanjay Pandey, Dr. Ranjana Sharma, Dr. Latika Chawla	
05:00 PM - 05:30 PM	Inauguration Ceremony	
06:00 PM - 07:00 PM	Yoga Session	Mrs. Tanya Saxena
07:30 PM Onwards	Gala Dinner	

TIME	TOPIC	SPEAKER
08:00 AM ONWARDS	REGISTRATIONS AND FELLOWSHIP	
8:30 AM - 9:12 AM	BEST ABSTRACT [PAPER] COMPETITION	
JUDGES: DR. MANISH MAN PRADHAN, DR. GEORGE KASYAN, DR. APARNA HEGDE, DR. NG POH , DR. RAJEEV SOOD, DR. EMAN ALUTHMANI, PROF. DR. PHONE MYINT		
Best Abstracts - Young Scientists session- 5 min Presentation + 2 min Discussion : Total 7 min		
08:30 AM - 08:37 AM	An Unusual Cause of Bladder Pain Syndrome: Lessons from a Challenging Case	Dr. Apeksha Raheja
08:37 AM - 08:44 AM	A Hospital Based Observational Study To Find Out Clinical Characteristics And Predictors Of Symptom Severity In Interstitial Cystitis/bladder Pain Syndrome/interstitial Cystitis (bpps/ic)	Dr. Ashok Kumar Rajpura
08:44 AM- 08:51 AM	Parauretral filler injection for treatment recurrent cystitis	Dr. Olga Malinina
08:51 AM- 08:58 AM	Intravesical Pentosan Polysulfate Therapy for Bladder Pain Syndrome/ Interstitial Cystitis: A Randomized Placebo-Controlled Prospective Study	Dr. Sarthak Sharma
08:58 AM - 09:05 AM	Phenotypic Variability in Bladder Pain Syndrome: A Case Series Highlighting Diagnostic Challenges and Multidisciplinary Management	Dr. Sameera Kotta
09:05 AM- 09:12 AM	A Novel Python–MATLAB Computational Framework for Closed-Loop Microimplantable S2–54 Pudendal Neuromodulation: A Nonlinear Dynamical Model for Precision Control of Bladder Nociception in Interstitial Cystitis/Bladder Pain Syndrome	Dr. Naveen
09:12 AM- 09:19 AM	Diagnostic Utility of Urinary Bladder MRI and Diffusion Weighted Imaging in Interstitial Cystitis/Bladder Pain Syndrome: A Prospective Observational Study	Dr. Ashok Kumar Rajpura
9:19 AM – 9:29 AM	Discussion	
09:29 AM - 10:37 AM	SESSION 5 - READING THE EVIDENCE RIGHT: A CRITICAL DISCUSSION	CONVENOR – DR. LATIKA CHAWLA
CHAIRPERSON: DR. H L GUPTA, DR. GOVIND SHARMA, DR. SEEMA MEHTA , DR. ANJU MEHTA , DR. NITIN NEGI, DR. SANJEEV JAISWAL		
09:29 AM – 09:39 AM	Goeschen K, Scheffler K, Wyndaele JJ, Bornstein J. Interstitial cystitis/ bladder pain syndrome: when part of the posterior fornix syndrome is potentially curable surgically. Annals of Translational Medicine. 2024 Apr 12;12(2):30.	Dr. Dheera Samdariya
09:39 AM – 09:49 AM	Tsai CP, Cheng KL, Yang E, Huang LY, Wang FH, Hung MJ, Su HL. Intravesical injection of peripheral blood mononuclear cell for the treatment of interstitial cystitis: A preliminary report. PLoS One. 2025 May 21;20 (5):e0324535	Dr. Sarthak Sharma
09:49 AM - 09:59 AM	Kuo HC, Peng CW, Jiang YH, Jhang JF. Urinary viral spectrum in patients with interstitial cystitis/bladder pain syndrome and the clinical efficacy of valacyclovir treatment. Biomedicines. 2024 Feb 26;12(3):522.	Dr. Abhishek Jain
09:59 AM - 10:09 AM	Okui N, Okui MA, Kouno Y, Nakano K, Okui M. Laser treatment for patients with vulvodynia and interstitial cystitis/bladder pain syndrome: a case series (The UNICORN-3 Study). Cureus. 2023 Jul 12;15(7).	Dr. Nihal Singh
10:09 AM - 10:19 AM	Beyond the Bladder: Recognizing and Managing Pelvic Floor Dysfunction in IC/BPS – An Evidence-Based Physiotherapy Perspective	Dr. Ushma Bhojani
10:19 AM - 10:37 AM	BLADDER CARE BREAK	
10:37 AM - 01:12 PM	SESSION 6 - AI AND IT'S IMPLICATION IN CLINICAL PRACTICE	CONVENOR – DR. TANVIR SINGH
CHAIRPERSON: DR. AMIT AGARWAL, DR. PRASHANT GUPTA, DR. RAJEEV KUMAR, DR. SANJAY MITTAL, DR. NARENDRA MOHTA, DR. KARISHMA THARIANI		
10:37 AM - 10:47 AM	Why AI matters	Dr. Tanvir Singh
10:47 AM - 10:57 AM	Current challenges in diagnosis of IC/BPS	Dr. George Kasyan
10:57 AM -11:07 AM	AI Integration in clinical workflow	Dr. Amita Jain
11:07 AM - 11:17 AM	Use for AI to in research and clinical presentation	Dr. Shay Klain
11:17 AM - 11:27 AM	AI in Action: An Interactive Session	Dr. Tanvir Singh
11:27 AM - 11:37 AM	AI & the Bladder: From Data to Continuous Signal	Pratham Srivastava
11:37 AM - 11:52 AM	Discussion	
11:52 AM - 12:52 PM	Live AI interactive session: Upload 5 Anonymized Cystoscopy or Hydrodistension Images/Video Clips. Quick Interactive Session (60 min) Take-Home Digital Toolkit: AI Prompts for: Cystoscopy Reporting IC/BPS Triage Pelvic Floor Involvement Assessment Phenotyping	Dr. Shay Klain Dr. Tanvir Singh
12:52 PM - 01:12 PM	QUIZ	Dr. Nachiket Vyas
01:12 PM - 02:37 PM	SESSION 7 - FUTURE DIRECTIONS	CONVENOR – DR. SHIVAM PRIYADARSHI
CHAIRPERSON: DR. RAJEEV SOOD, DR. AMITA JAIN, DR. AJAY RAJ HADA, DR. ABHINAV PEDNEKAR, DR. PANKAJ BENIWAL, DR. REVI GUPTA, DR. R.G. YADAV		
01:12 PM - 01:22 PM	What should GIBS focus on in the next decade?	Dr. Shivam Priyadarshi
01:22 PM - 01:32 PM	Current & Future Clinical Trials	Dr. Olga Plekhanova
01:32 PM - 01:42 PM	Future Vision in IC/BPS	Dr. Sanjay Pandey
01:42 PM - 01:52 PM	Panel Discussion Topic - Gaps in Path to future	Moderator - Dr Shivam, Panelist : Prof. Dr. George Kasyan Dr. Ng Poh Yin Dr Manish Man Pradhan Dr. Eman Aluthmani Dr. Aparna Hegde Prof. Dr. Phone Myint Dr. Rajesh Taneja Dr. Rohit Upadhyay
01:52 PM - 02:22 PM	GIBS 2026 Closing Ceremony - Recognition & Recap	Dr. Sanjay Pandey
02:22 PM - 02:37 PM	Closing Remarks by Organising Chairman	Dr. Shivam Priyadarshi
02:37 PM Onwards	LUNCH & DISPERSAL	